

The **R** **A** **R**

Volume 29 No. 8

August 2004

Road Runner Best Overall in Summer Regatta

Joe da Ponte with *Road Runner* (left) vies with *Complete Chaos* (right).



Photo: Matt Wagstaffe






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**3rd Annual Aussie
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Come on **down** to the best summer patio in town **under** the trees in Stanley Park, to sip, taste and nibble the evening away . . .

Australian-style!

Meet your mates and sample over 3 dozen delicious wines!

VRC Member price: \$24.99

Available at the club office or any fine Liberty Wine Merchant outlet.

More info at

libertywinemerchants.com

Next Tasting: Port & Chocolate
September 30th.

Summer Sunset Acoustic Series

Live Music - 6.30pm - 9.00pm

A series of free Friday night acoustic concerts held on the back deck for VRC Members and guests.

**August 6th - Just Singin Round Singer/
Songwriters**

August 20th - Terry Brennan

What better way to enjoy a Vancouver sunset as you listen to some of BC's prominent singer/songwriters while enjoying the Burn It Yourself B.B.Q.

Join us on the deck!

A Farewell to Jodi - August 31

Intrepid bar wench Jodi Albrecht will be leaving the club after seven long (and trying) years. Jodi originally joined us for a "one night stand" back in 1997 - apparently no one told her she could go home!

Come on down to the Carver Room on Tuesday August 31 to give her a proper send off and show her your appreciation for all her hard work over the years!

The ROAR

Monthly newsletter of the
Vancouver Rowing Club

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INTERSECTION REGATTA

SATURDAY AUGUST 14 – Noon to 5:00pm

Ready, Set, Train!

Ah yes, it's time again to whip your crew into shape for the athletic event of the summer - the Intersection Regatta. Can the Yachties possibly post a 'threepeat' and spark the greatest bragging run this club has ever seen? What happened to the Field Hockey Section millennium dynasty – are there no male field hockey players? Can the Rugby Section, possibly top their comic antics of last year (where the hell were they rowing to?)? Can we expect another appearance by the runners this year, or is anyone interested in trying to organise a rag-tag Social member team?

The Board of Directors are threatening to provide a team this year, which could prove to be the dark horse contender with four legitimate "ringers"! Can you ever truly discount the Staff team?

Sections wishing to arrange practice times and coaching should contact Lara @ 687-3414. (Staff will be practising on Tuesday afternoons 2:00-3:00, drop-ins are always welcome.)

The Rowing Section will be providing a sumptuous (and cheap!) BBQ banquet for all. The melodious Caribbean stylings of Claude Duke will grace the back deck from 2:00pm to 5:00pm.

Racing kicks off at 1:00.

See you on the water!

Clubhouse Projects

We've had a number of inquiries on some of the ongoing clubhouse maintenance projects, so we thought we would provide members with a brief update on their current status.

Back Deck Staircase

No, the plywood hand railing is not a permanent feature! This is merely a temporary measure to allow use of the stairs while we await the installation of a new aluminium handrail, which is expected to take place in August. Non-slip treads have also been ordered for the stairs themselves and will also be added to the two staircases at the front of the building.

Patio Heaters

We are researching fitting the new patio heaters with timed rheostats, which will cause them to shut down automatically when the time runs out. Having these in place as well as interior switches to shut the gas supply down will allow the heaters to finally be installed. We hope to have them in place by the fall.

Front Entranceway

The new ceiling feature in the club's entranceway will be complimented by new colours in the entrance hallway. Whether we will take the new colours into the Harbour room as well is yet to be determined.

Plans are also in place to extend the exterior of the entranceway by adding a roofed gable covering the front doors for weather protection and will serve to provide a more finished face to the club's main entrance.

Men's Showers

We have been unable to locate the replacement parts required to repair the broken shower handle. We did receive some interest from the Museum of Historical Plumbing Fixtures however! We've decided to replace all the shower handles in the men's showers with more modern replacements. We hope this will also serve to alleviate the water leak occurring in the wall behind the showers.

Women's Showers

We have more exploratory work to do, but it appears we will need to replace the drywall where the wall has collapsed. This will require taking that particular shower spout out of commission while we replace drywall and re-tile. It may also entail shutting the change room while the repairmen are in. We'll keep everyone posted if that turns out to be the case (likely will only be during weekday daytimes).

We hope it won't become necessary to replace all the drywall in the women's shower, but we can't be sure until we tear more of the wall away. If this is the case, the entire women's showers may be out of commission for a longer period.

Any members who are interested in getting involved with the Club's House Committee are encouraged to contact the Club Manager, Kerry Kerr or the House Committee Chair, Dimas Craveiro.

CHURCHILL D. FRITH

1911 – 2004

Honorary Vice President

Churchill Frith, a long-time member of the Vancouver Rowing Club and the Yachting Section, and also a life member, died this past June. He was 93. There was no service and no announcement in the papers per his wishes. He is survived by his wife Moira and his son Darrell.

Always a strong clubman, Churchill played a major roll in the troubled years of the power struggle between the VRC and BYC over the right to access and collect moorage dues. With a foot in both camps, he and his wife paid a hefty penalty in lost friendships, but in the end were vindicated by the court decision.

Churchill, a past commodore (1971) and past President of the Club (1974) was one of the few Yachting (BYC) members who sided with the Club during the conflict of the 70's.

A reasoned and logical thinker, Churchill always made the effort to understand all sides in a discussion. As the yachting section's VRC board member in 1972, he was thanked profusely in a letter by then President, Alan Willox for his time and efforts to both the Club and his section.

Despite the troubled years, the time he and his wife spent at the club, and in particular, aboard his boat *Nerka VI*, were among the happiest of his life, according to son, Darrell.



RUGBY

Trying an alternate style of writing, this month's editor will attempt to appeal to the less literate crowd, and move to a 'Susie's Night Out' (from the Province, Gomer) format.

Many of you already know, but the one and only **Chris Remington** is to be married at the fabulous and opulent **Remington Ranch**, located in exotic **Vernon, BC**. Word on the street has it that Chris and **Nadine** have hired topless Hawaiian dancers to perform at their Lu-au, where they will be exchanging vials of their own blood. Or was that **Billy Bob** and **Angelina**? Will Vancouver's best-kept family secret, the **Remington** sister (who knew!?) be exposed to the rugby-laden crowd? Tune in next week to find out!

Speaking of Remingtons and weddings, Chris' stag was held in beautiful **Whistler, BC**, coinciding with the annual **Rowers/Whistler Slush Cup**. The Rowers truly put the 'I' in team and the 'me' in game when they lost to a decent Whistler side! One for me and all for me seemed to be the motto, as several players seemed to think that they magically became cowboy **Patty O'Gorman** overnight, consistently hogging the ball (and subsequently losing it). The one exception to the rule was when **David Hall** made a brilliant pass to streaking prop **Kelly Egilsson**, who ran it in for a try to bring the game within one. Unfortunately, Chris did not see 10:00pm, and after going AWOL somehow managed to make it back into the condo - that was after Justin Wong stood in as his naked boat race replacement. Apparently, **J-Wo** will be making another appearance in **Kelowna** at the end of August... hold on to your cameras, ladies!

Amazing English ex-pro and outstanding

Rower #10 **Matt Jones** will be in town starting August 13th - word has it that he has been training and can make it out past **12am!**

Former Rowing Club players **Stirling Richmond** and **Mike Webb** had outstanding games playing for **Canada** during the **Churchill Cup** in **Edmonton** and **Calgary**, with **Stirling** creating the majority of **Canada's** offence in the back line. Unfortunately for us, **Stirling** has signed a one-year **professional contract in Hong Kong** for next year.

Due to **Brockton's** summer work, the **Over/Under (30)** game will be postponed. That's all for this month!
Kelly Egilsson

ANSWER to LAST MONTH'S JOKERS TRIVIA QUESTION

Question: What were the most number of Bacon n' egggers consumed at the VIT and by whom?

Answer: Liz van Warmerdam consumed: six!

GUEST PRIVILEGES

Members are reminded that certain club facilities are for the use of club members only, particularly the weight room and showers.

The weight room is restricted to sole use of club members. Occasional guest/spouse use of the change room and shower facilities is considered reasonable, however regular and ongoing use should be accompanied by membership.

Members are always welcome (encouraged!) to bring their guests to club lounges, however regular attendees may wish to consider taking out their own memberships; Social membership prices are extremely reasonable.

Section facilities and equipment (i.e. mast tower, workshops, ergometers) are restricted to the use of paid section members only.

Thank you.

JOIN US FOR A

"BURN IT YOURSELF BBQ"

Every Friday, Saturday & Sunday

MENU

Cook-your-own (includes salad, roll & butter)

8 oz. New York Steak	\$7.50
1/4 lb. Beef Burger	\$3.50
Veggie Burger	\$4.00
Chicken Burger	\$4.00
Salmon Burger	\$4.00
Smokies	\$3.25

Add On

Baked Potato	\$1.25
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GST INCLUDED

* all prices subject to change



The Jokers

Our own Stuart Wilson (centre) was the well-deserved recipient of the "Spirit of the Golden Oldies Award" from the organising committee of the 2003 Golden Oldies Hockey Festival in Fiji.



QUAD DIX... coming in October.....stay tuned ...

JOKERS SHINE at SENIOR NATIONALS



Congratulations go out to: Matt Peck, Steve Warren, Dave Warren, Stu Dickenson, John Williams, Gavin Caldecott and coaches, Steve Rodrigues and Chris Ingvaldson, for a stellar performance at the senior nationals, held in Ottawa over the Canada Day long weekend.

BC lost to Ontario 2-1 in overtime, with our own Stevie Warren scoring the lone goal for BC. Despite the loss, the Jokers showed other BC players what it means to be a Joker off the field. (sounds like a story there) !!!!! Well done to all....

JOKER COWGIRLS (and lone cowboy) RETURN

The second annual Joker stampede to the Calgary stampede was once again a success. Thanks go out to Terri and Steve for the use of the very comfortable floor and bed (Chris Byrne managed her own bedroom!!). Stay tuned for more stories and pictures (or maybe not), in the next issue.

The following cowgirls saddled up: Meredith Elliott, Chris Byrne, Barb McDaniel, Rebecca Westlake, Diedre Byrne, Liz van Warmerdam, Sam Elvin and the lone Cowboy Chris Koh. Plans are now underway for the first annual Joker trek to Vegas.....

LEAGUE Starts SEPTEMBER

Stay tuned for practice times, which start at the end of August. This season's captains are Women: Beth Robertson and Men: Peter Vandenberg and Mike McKee.



Stampede Photos: Barb McDaniel





Row for the Cure

Vancouver Rowing Club and Canadian Breast Cancer Society
BC/Yukon Chapter ROWING RELAY

September 18th, 2004

The Rowing Section of the Vancouver Rowing Club is hosting a fund-raiser to benefit the Canadian Breast Cancer Foundation. Partial proceeds will be allocated to the Vancouver Rowing Club.

The Challenge

Our fund-raiser will create 18 crews of 12 people who gather pledges for their part in a 12-hour row-a-thon. Each participant will "row" on a rowing machine on land for a period of one hour, which will be broken into sections that can be easily accomplished throughout the day.

- Participants will be provided with food, beverages, and entertainment
- Prizes for the team and individual who raises the most money
- Fun, entertainment, and an opportunity to learn more about the sport of rowing

Participants will be given instructions on proper use of rowing machines and require absolutely no experience to participate.

The Cause

The Canadian Breast Cancer Foundation plays an important role in our community. Established in 1986, the CBCF is the

leading national volunteer-based organisation in Canada dedicated to the fight against breast cancer.

The Vancouver Rowing Club is a not for profit organisation that promotes the pursuit of a healthy lifestyle through active participation in sport. We strive to provide low-cost access to the sport of rowing, fostering both physical and mental health.

70% of proceeds will go the Canadian Breast Cancer Foundation 30% of proceeds will go to the Rowing Section of the Vancouver Rowing Club for equipment upgrades and maintenance.

Rowing is an expensive sport due to equipment costs and we hope to raise funds to update and maintain our equipment in order to continue making this sport easily accessible to our community.

Fundraising and Registration

Although there is no entry fee for this event, participants are asked to raise a minimum of \$100 in pledges in order to participate. To raise our overall Club goal, individual participants must raise \$250 each. Donations over \$20 will be eligible for tax receipts.

ROWING EXECUTIVE NOTES

We are seeing a lot of activity on the dock and for the most part it is going smoothly. Please remember to be prepared before bringing your boat down and to launch quickly. Also, when you are finished practice try to bring your boats off the dock quickly. There are a lot of bright colours out there and many boats that are following the flow pattern so thank you for that.

Dimas, Cheryl and Tim Hall, and John have all been putting a lot of time at the Club lately. Without the help of volunteers this section doesn't run very well so we thank them for putting in the time and effort. Those of you looking to volunteer, there is never a shortage of projects or jobs that need to be done. Many hands make light work, as they say, and we will shortly be having some equipment days where all sections will take on a share of boats to look after.

Ted Richter and Jason Bryden will no longer be able to serve on the Executive. We would like to thank them for participating and bringing their energy and we are sorry that they cannot continue with us.

On September 18th VRC will host a very large fundraiser. We will be raising money for the Canadian Breast Cancer Foundation as well as for our own section. This will be a big and important event for us and we will be looking for your support and participation Sign up sheets and more info will be coming out over the few weeks.

Deep Cove recently hosted a Master's Development Camp. Similar camps will be held in Delta and possibly VRC in the fall. Brochures will be available in the shell bay near the sign out book when available.

Our Learn to Row classes are doing well and the Learn to Row Grad program is in full swing. New Novices have begun their first year here and new Masters will be moving into Mike and Anne's programs. Please welcome these new faces to VRC.

The Executive is still on the search for a suitable replacement for the Nell Stacey and the Babs. New riggers have been ordered for the Sazada so that boat will be back in operation soon. The rec singles have new shoes in them and we are hoping to overhaul the Velcro on some of the others.

REMINDER of PROPER COACH BOAT USE and ETIQUETTE

Keep as close to the middle of the course as you can. There is no reason for your coach boat to be close to the moored boats; keep some distance away from them. The coach boat should be to the outside of the shell that you are following with the shell acting as a buffer between you and the moored boats.

Manage your speed. Be aware of your speed and the impact it has on both moored boats and other shells. Once you are in past the blue sheds in a narrower channel slow your speed and move away from moored boats to minimize the impact of your wake.

Be courteous and respectful There has been mention that some coach boat operators have been rude when told about their wake. There is no reason for us to be anything but courteous; even if we are not being treated as such. We share this harbour and we should

respect our neighbours. If you have been treated or spoken to in a manner that is not appropriate, please bring it to the attention of the Executive.

The other issue relates to coach boats parked on the seawall side of our dock. There are some boats moored close to this dock that have experienced scratches and dents from our coach boats. Please take great care in launching from this dock. It is possible to launch the boat partway, turn on the motor, then gently push out the boat and turn it parallel to the dock so that you are able to launch straight out from the dock rather than use tricky manoeuvres. There is no reason for us to be anywhere near touching these moored boats. If you do have an accident here, please report it to the Executive so that we can contact the owners.



VRC out of the Blocks

Regatta Season in full swing!

A pat on the back to all competitors who raced at the US Rowing Pacific Northwest Masters Regional Regatta June 18th-19th in Portland, Oregon, and the BC Champs/Challenge West Regatta July 10th and 11th on Elk Lake. VRC showed a strong presence at both regattas and did our club proud by bringing home some serious hardware.

The total medal count at the Regionals was eight, including first place finishes in the Mens B and D Quad and Mens A Single. At the BC Championship, our gold-medal Masters Womens 8+ (pictured below) set the tone for a winning weekend, including firsts in the Mens A and B Single, AB



Womens 8+

Double, A+ Quad, and Mixed A+ Pair. We took a total of 12 medals at Elk Lake.

A big shot out to newcomers to VRC racing: Ken-ichi Obinata, Sarah Kelly, Mary Williams and Rand Chatterjee. Nice job! We look forward to sharing many more racing moments with you!

If you did not have time yet to check out the Portland results, there were some pretty impressive times. Congratulations to Rene's Quad for blowing the competition away in the Mens D 4X. Open water over the second-place Vashon Island crew and a time of under 3:30 makes you wonder if these four are lying about their age. What inspirational teamwork!

In the Mens B Quad, it was a near sweep as VRC crews, led by Simon Litherland's intrepid gang of four, took first and third places. Yes, Simon, we will be gunning for you guys next time.

Kudos to Andrew Lane for rowing consistently fast in his six races, many of them back-to-back. Some awesome recovery time! After pacing himself to a third-place heat finish in the Mens A Singles, Andrew cut over 30 seconds off his time to win the

final by a boat length. Stealth, dark-horse tactics - and a fine bit of rowing - proved successful.

In other highlights, our Mixed C Quad made the finals in a highly competitive field, and the Mixed B Quad took second place. In a sign of VRC's sculling depth, we entered three boats in the Mens B Double, and took a second place in the field of seven. We also saw some excellent rowing in the Womens B Double (Jenn and Susan) and Mixed C Double (Susan and Andrew).

Then, a third in

the Mens B 8+ and two sixth places in the highly competitive AA and B Four races proved that VRC oarsmen can indeed sweep - yes, I mean those odd boats that appear to be missing some riggers and only have one oar per person.

And to the novices, you are an inspiration to us all. Portland is not an easy regatta and the competition from throughout the Northwest is fierce.

The Mens Novice Four finished just 0.18 seconds out of medal contention in a hard-fought race. Sarah

Kelly and Mary Williams faced a difficult field in the Womens A Double, and rowed solidly. Your confidence and abilities when the pressure is on are amazing. Thank you for racing hard and for wearing the VRC colours so proudly.



Jenn and Susan

Three weeks later, VRC went to the BC Champs with some new race-honed experience, and high hopes. The Womens 8+ coxed by Andrew Ling and stroked by Maxine Moulds, took VRC's first medal, a gold!

We entered three Mens AB Doubles, taking

first (kudos to Alex and Asef), third and fourth. Shortly thereafter, Ayhan and Lara Skibinski stroked a Mixed Double to victory. Alex Lee took the Men's A Single handily, and Kenichi Obinata edged Andrew Lane for the gold in the B Single by less than 1/3 of a second. Sometimes we are our own best competition!



Susan Sobat and Andrew Lane

Other notable placements included silvers in the Women's AB Quad and the Senior Lightweight Men's A Single (Kenichi again!). Getting ever faster since Portland, Mary and Sarah took a third in the Women's A Double, only 2 1/2 seconds behind the lead boat. In the final race of the weekend, Cheryl Rowley tried masterfully not to overpower her partner and took a category first in the Mixed Pair.

To all the rest of you who competed for our Club and made an impression - and you all did - THANK YOU!! Excellent work as well in getting the trailer loaded and unloaded smoothly, and for getting your payments in (mostly) on time.

Thanks especially for Rene's remarkable ability to navigate our boats safely past the treacherous shoals and SUV-born pirates of Washington State's I-5 highway.

It is good to know that other clubs are once again shaking in their tie-ins when the VRC crews

pull up alongside to their stake boats. So let us harken to our Club's Olympic legacy and extend our winning ways at the Canadian Masters this month! Eight medals in June, 12 in July, so let's go for 16 this month in Victoria!

If you missed these regattas and are interested

in competing for VRC, check out the regatta sidebar, and look for current regatta sign up sheets in the shell bay, or talk to your coach to find out how to get involved.

Thank you VRC!

by Rand Chatterjee



2004 Summer Regatta

Reporter's NoteBook by Lyle McKenzie



ROWING REGATTA NEWS

Max & Cheryl's Corner

VRC will be heading down to the Green Lake Summer Regatta in Seattle on **August 7**. This will be a good warm-up for the Canadian Masters Championships August 20-22. Stay tuned for Green Lake updates.

Upcoming races include:

Delta Deas in **September**

Deep Cove October 17

Head of the Gorge/Elk Lake Oct. 30-31

Head of the Lake November 14.

Sign up sheets will be posted, as always, in the shell bay.

Thanks to everyone for being so prompt with fee payment for the recent regattas, it makes our job so much easier!!

Notable rowing events on TV:

August 3-8 Canadian Henley

August 15-22 2004 Olympics

October 23 Head of the Charles

**Pick up your 2004
Yachting yearbook in
the Club office.**

Entries were down from last year's 30 boats entered to this year's 22, largely due to VRC going it alone this year without the participation of **False Creek Yacht Club** and **VARC**. The participants and their crews had a great time and we will build on this base as we are doing with the **Sun Tan**

Series.

It should be against the law to have as much fun as the participants did on the **race weekend**.

Two days of racing, complimentary drinks and hors d'oeuvres Friday night, two complimentary breakfasts, burn your own BBQ, awards presentation, and Saturday night's Dinner & Dance. After reading **Sabrina Class's** on-line ad, The **Vancouver Restaurant Association** is now suing her for false advertising and misrepresentation saying that it is impossible to offer a Baron of Beef with all the trimmings to that many people and have a major Latin dance band for only **\$10.00 person**.

Boy in Cuban heels giving Latin dance lessons to drunken sailors. (What happened to the regulation deck shoes only allowed in the clubhouse!)

The word is out. **Matt Wagstaffe** wants to be a marine law enforcement officer in his next life. He commanded the **Boston Whaler** chase boat with the 9000 horses on the back in grid patterns that covered every square inch of **English Bay**.

One minute he would dart over to a **North Korean** vessel to inspect for drug shipments, the next to **Mainland China** looking for illegals, and then **Panama** registries

looking for Australians & Kiwis.

While Marine Officer Matt was scooting around the bay on his chase boat like a water bug going 90 miles/hour with his sidekick **Sabrina Class**, all the while barking instructions into his secret walkie-talkie, he still managed to conduct a perfect race. While checking commercial vessels for CIA agents he still performed his **Race Officer**

Duties flawlessly. The three races were well organized and well run.



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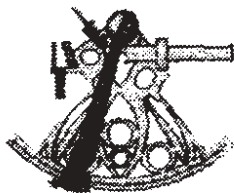
And how about that band - Ritmus Belsur. They started off with **Santana's** Black Magic Woman and then proceeded to show every body why Latin music is the music of choice at Carnival & Mardi Gras time. For good measure they had **Senorita Lolita** in 3" stiletto heels and **Senora Toy**

The racing committee boat was **Cardena**, the Grand Banks 42 owned and operated by **Dave Dorman**. This classic trawler always looks good but she never looked prettier out on the bay starting the races, all dressed up in her best summer regatta finery. She had all the right pennants flying from the bridge and she performed her racing duties flawlessly. If I were male version of this trawler, I'd be signing her dance card, looking to perform a mating ritual bow to stern.

Kudos goes to **Edward "Scissors Hand" Karadontis** on **Dusty Mac**. Once again showing us why he is sail-meister at **Quantum Sails** crossing the line 10 seconds before closing time in the third and final race. From where we were farther back in the fleet, it looked to us that the race was going to be called due to the 2-hour time limit with all boats DNF. (Damn No-Good F...S!). Edward and The Little Boat That Could (Peterson 25) proved us wrong and crossed the line with 10 seconds to go and shamed the rest of us.

Division 1 was a classic duel to the death between two **Dash 34's**. If you look at the race

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results you will see Race 1 with only 4 seconds separating 1st & 2nd place, Race 2 8 mins 2 secs and Race 3 again only 36 seconds. When this fight to the finish was over, **Joe DaPonte** of *Road Runner* was left standing with **Reigh North** of *Absolute* a very close second.

Evan Spielberg Seys of *Perihelion* fame has gone onto film production of a very first order, instead of doing pornos like he did on his boat earlier in the season. Evan filmed a good part of the regatta from the deck of his boat and then showed the sailors the results on the big screen in the trophy room afterwards. I had a look at his film work and it looked so good that I expect that he will be anchored off of Spain in the next **America's Cup**.

The **Ken & Barbie** division had a good



R & B Brewing Company

turnout with 5 boats racing. Race 2 was a marathon with **Steve Creagh** of *Palindrome* finishing 1st with an elapsed time of 4hrs. 15 mins. 53 secs and the last boat finishing in 4 hrs. 59 mins. This is a long time to be out there and I was wondering if there was more than just the tweaker lines under the sheets.

Nikki, the C & C 26 owned and helmed by **Steve Lawton**, made a rare racing appearance and held her own in division 4. We had the racing training manual out and read Chapter One on "**How To Start Fast And In The Right Place Even If You Never Did It Before.**"

Page one told us to use a stopwatch and set it precisely to the 5 minute start gun. Page two told us to check the current, determine wind direction & speed, and check the start line and location of the windward mark to determine the most favored end. We flipped over to page 3 and it told us

to do a timed start by going 2 minutes away from the pin and turn around with 2 minutes to go. We hit the favoured pin end with one second and inches from the mark and by far had the best start of the fleet. In race 2 we determined that the favoured end was a port start and we

were the only boat to start at that end of the pin. All other boats started at the starboard end and had to walk down the line before tacking over to the port tack. By that time we were out in front.

Race 3 saw us getting too cocky and we aggressively did our timed start, which means we



Committee Boat, Cardena

got to the line 1 minute too early with *Amber 1* forcing us over the line before the gun. We had to do a 360 around the committee boat and start over again as we watched the fleet sail away from us. We'll reread Chapter One.

Havoc, Aorangi, Elle & Cajun remind me of a high school dance, of the girls I could only watch from afar. Racing thoroughbreds with long, skinny legs and angora sweaters that point way up high and tight little sterns. You can never quite catch them and they are always in somebody else's race.

It was a great weekend with plenty of good racing, and the weatherman gave us what we wanted, fair winds and plenty of sunshine. Thanks to all the organizers. We will all be back next year.

I recommend the Yachting Executive appoint a Summer Regatta committee to coordinate activities and publicity in advance of the event. I'm willing to head up the publicity dept by contacting all yacht clubs in the Lower Mainland. We have a great venue and we need to spread the gospel.

Thanks from Commodore Grimann

The VRC 2004 Summer Regatta was considered a great success by participants thanks to the efforts of Racing Officer Matt Wagstaffe and Fleet Surgeon Sabrina Class.

Dave Dorman, with a complement of race officials, onboard the committee boat *Cardena* and chase boat, officiated the races without a glitch.

Saturday night's band was extraordinary. Music by "Ritmus Belsur" (Southern Rhythm) accompanied by two professional Latin dancers who demonstrated the fine art of Latin dancing. Nearly everyone participated in the lessons with great vigor and laughter. There was more energy exerted on the dance floor than during the actual races.

On Sunday the racers returned to VRC for the Awards presentation and "Burn Your Own" BBQ. All the food preparation was organized by **Susan Moore** with the assistance of numerous volunteer club members.

We had two fantastic days of racing. The first race could not be completed in time by some divisions due to insufficient wind but nevertheless a great effort was made and a good time was had by all.

There were 23 boats participating with almost equal numbers in five divisions. Winners of respective divisions were:

- Div. 1: Joe Da Ponte (*Road Runner*)
- Div. 2: Frank Rogers (*Jasmina*)
- Div. 3: Alex Cregan (*Argosy*)
- Div. 4: Ed Karadontis (*Dusty Mac*)
- Ken & Barbie: Steve Creagh (*Palindrome*)

Many thanks to our sponsors: **CNA Insurance, Quantum Sail Design Group, Peacock Provisions Ltd. and R & B Brewing Company, AJS, and Doug Howden for the chase boat.**

Lastly, the VRC Yachting Section would like to thank all the organizers, sponsors, volunteers and participants in making this event successful. It is truly a club activity open to all who wish to participate in racing, camaraderie, socializing, laughter or lending a helping hand as a responsible and contributing club member.

Commodore
Fred Grimann

AJS MARKETING
Corporate/Sport Clothing & Embroidery



by Al Robertson

The Racing Rules: for the Rest of Us – Part III

Definitions

A lot of good boat trips start out by backing out of a slip in reverse. Likewise, in reverse, is a good approach to studying the rule book. Starting at the back one will quickly arrive at “The Definitions.” The definitions consist of twenty terms used frequently in “race speak.” Without understanding them, the rest of the book will have its usefulness severely restricted. I kind of wonder why they’re not at the beginning instead of at the end.

Keep in mind that the definitions are not rules. Simply establishing overlap for example, doesn’t mean you have any rights; whereas establishing it to leeward of a boat on the same tack—in accordance with Rule 11—does. Some of the definitions are self explanatory. Here is a paraphrase of those that are not.

“**Overlap**”, also listed as “**Clear Astern and Clear Ahead**”, is as important a concept as any in racing. Overlap is based on an imaginary line drawn 90 degrees to the centerline of a boat at its furthest point aft (equipment included). If you are overtaking another boat on the course and the furthest point forward of your boat has not yet crossed this line, no overlap exists (you are “Clear Astern”; she is “Clear Ahead.”) The instant you cross this line (presumably to leeward) an overlap exists, not only between you and the other boat, but you and any boats the other boat has overlapped.

“**Keep Clear**” The rules will sometimes state that one boat is required to “keep clear” of another. If you are in a situation where the rules require you to “keep clear” of another boat, you must allow that boat to continue “with no need to take avoiding action.” Also, if you are overlapped by a leeward boat, you must continue such that the boat has enough room to “change course in both directions without immediately making contact.”

“**Mark**” is simplicity sometimes clothed as complication. A race committee boat is a

mark, but only “from the time boats are approaching to start.” Before such time as boats are approaching the line to start, the committee boat is considered an obstruction.

An **Obstruction** is anything that; if you were heading straight at it, and were one boat length away, you would have to alter course “substantially” to avoid. You are entitled to “room” to avoid an obstruction (rules 18 and 19), just don’t construe the definition to mean you have to wait until you are only one boat length away to call for it.

Proper Course is the course a boat would sail in the absence of other boats: in other words, if you were on the course alone (I know it sometimes feels that way) and wanted to complete it as fast as possible. No boat has a proper course until its starting signal.

A boat is **Racing** from the time her preparatory signal is made (the four minutes to go signal at VRC races) until she finishes. It is important however to realize that you are subject to the rules concerning “When Boats Meet” (Part 2) from the time your boat is “sailing in or near the racing area and you are about to race, are racing, or have been racing.”

The **Two-Length Zone** is an area around a mark or obstruction (starting marks not included). The two lengths refer to the boat nearer to the mark or obstruction. It is used to determine who has rights while more than one boat rounds a mark or passes an obstruction. Essentially (and with exceptions of course), whomever has rights when the zone is entered, gets to keep them until the maneuver is complete, regardless of what occurs after entering the zone.

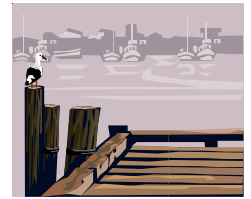
Well my bow is about clear now so I’ll shift back into forward and finish this off. Remember it’s all moot if you never make it out on the race course. If you’re not already there the Suntan series is on (with lots of novice skippers participating), welcomes new boats, and always needs crew.

Smooth Sailing

Pick up your 2004 Yachting yearbook in the Club office.

PILE DRIVING in the MARINA

August 16-23



As warned, the dates for pile driving have changed. Currently the expectation is to start the 3rd week of August, but this is subject to change. Updates will be sent by email to moored members as well as posted at the clubhouse and docks. The contractor will provide at least a week’s notice before pile driving commences.

Berths directly affected are listed below, and will likely require boats at these slips to be moved for 1-3 days. The entire operation should take about a week. All moored members should be aware that due to major boat movement, your ability to enter or exit your slip might be affected during this period. Of particular note are the berths between A and B Dock where we expect to raft up the boats we need to remove from the western side of B Dock (B37-59 odd numbers) and the western side of C Dock (C2-30 even numbers). This will likely take place over three days between August 15-19.

More details on the exact dates and expected impacts will be mailed to each member, but updates on any late date changes will take place by use of the VRC Moorage group email list and by postings at the clubhouse and docks.

Members have the option to either remove their boats during this period, be available to move their own boat when required, or will be considered to have provided permission to have their boat moved by club volunteers. Due care will be taken in both moving boats and minimising the impact to all members during this process.

Volunteers will be required to assist in boat movement and other matters, if you would be able to assist please contact Staff Captain, Claude Gagnon, at 604-488-9116.

Slips Directly Affected:

- A70, 72, 102, 104
- B 1, 2, 4, 6, 37, 39, 41, 43, 45, 47, 49, 51, 53, 55, 57, 59
- C 1-4, 6, 8, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30
- D 1-5, 7, 9, 11, 15, 17, 19, 21, 23-27
- E All

All members in the directly affected slips are required to ensure their dock boxes are not bolted down! We thank everyone in advance for your co-operation.



Vuda Point Marina, Fiji

VOYAGES

Well we are definitely at the hot dry side of the island. This is a country of contrasts.

In the outer villages they have no power. Cooking is in a separate hut over an open wood fire; smoke escapes through the unglazed windows and doors; heat control consists of removing a branch. Lighting is by paraffin lamps but they do have piped running water and flush toilets. (An aid program)

On arrival in our first village we presented our sevuvu (gift of kava) to the chief and were invited to drink 'grog' that evening. We sat cross legged on the floor and chatted to all the village as the kava bowl was passed around.

The choir were practicing a new piece for Sunday and people drifted in and out all evening. Kava has a slightly soporific effect but it did not seem to impair Brian's ability to row back to the boat. The finished work which we heard in church was wonderful. Unaccompanied singing in six parts.

After we were invited back to the chief's house for lunch. The primary school children then packed their bags for a week away at school and walked for 2 hours to the next village. Each day one of the mothers in rotation walks over to prepare their evening meal.

In the cities/towns they have all the trappings of modern society. The radio is full of ads for electrical gadgets and they spend the evenings glued to TV 'soaps'. Shops are full of clothes and jewellery. The young are keen to move to urban centres but there is a strong wish to retain the traditional culture. At the moment they seem to be achieving it. Will it last?

There are two types of cruisers in Fiji those that have been on a reef and those that have yet to go on a reef. Unfortunately we now belong to the first group. We are ashore having repairs to our rudder and keel. This is not good news for Nick and family who arrived today.

We have a nice spot perched up high with a view out into the bay over another reef. There are lots of brightly coloured birds inspiring us to look for a local bird book and we think we spotted a mongoose (introduced to control rats in the sugar cane plantations).

Brian and Clare *Lantana Camara*

Upcoming Events

This is your club. Join your fellow members. Support these events. **Make a Roar of it.**

- Aug. 8 Sun Tan Race
- Aug. 14 Intersection Regatta
- Aug. 20 Yachting Dock Party
- Aug. 22 Sun Tan Race
- Sept. 10 Boaters Night
- Oct. 28 Yachting AGM

VOLUNTEERS WANTED!

Volunteers are needed to power wash dock fingers. If you think your dock finger requires attention, contact Claude Gagnon (604-488-9116) to arrange for use of the power washer. Volunteers will also be required to help move boats during the pile driving. If you are able to lend a hand, contact Claude.

C A P T I O N

O N T E S T



Give this picture the caption it deserves! The winning entry will get a small gift from the club and will be printed along with the photo and accompanying article in the next issue of the *ROAR*. Send your entries to manager@vancouverrowingclub.ca

April 18th
 May 2nd & 16th
 June 6th & 20th
 July 25th
 August 8th & 22nd

SUNTAN SERIES 2004

Sponsored by Martin Marine

The Fleet is Growing
-33 Boats for the Polar Bear Series-
Are You In?

BURGERS ON THE BACK DECK !!
 For registered skippers and crew
 Contact Matt at 604-836-4434



CLUBHOUSE HOURS

OFFICE

Monday to Friday 9 am–7 pm
 Saturday, Sunday 10 am–2 pm

LOUNGE HOURS

CARVER ROOM (LOWER LEVEL)

TROPHY LOUNGE (STREET LEVEL)

Monday		Closed
Tuesday	5-10 pm	Carver Room
Wednesday	5-10 pm	Trophy Lounge
Thursday	5-10 pm	Carver Room
Friday	5-10 pm	Carver Room or Trophy Lounge
Saturday	Noon-10 pm	Carver Room
Sunday	2-9 pm	Trophy Lounge

COMING EVENTS

CLUB

Aug. 14 Intersection Regatta
 Aug. 19 Australian Wine & Barby
 Sept. 30 Port & Chocolate

FIELD HOCKEY

Aug. 14 Intersection Regatta
 Sept. 25 Rookie Night
 Oct. 1 Quad Dix Reunion Dinner
 Oct. 23 Social

YACHTING

Aug. 8 Sun Tan Race
 Aug. 14 Intersection Regatta
 Aug. 20 Yachting Dock Party
 Aug. 22 Sun Tan Race
 Sept. 10 Boaters Night
 Oct. 28 Yachting AGM

RUGBY

Aug. 14 Intersection Regatta
 Oct. 23 School Disco Dance

ROWING

Aug. 14 Intersection Regatta
 Aug. 29 LTR Regatta
 Sept. 18 Rowing/Breast Cancer
 Row-a-Thon Fundraiser
 Sept. 26 LTR Regatta

2004 August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 BC Day - Office Closed	3	4 Rowing Executive Meeting	5	6	7
8 Yachting Sun Tan Race	9 VRC Board of Directors Meeting	10	11	12	13	14 Intersection Regatta
15	16 Yachting Executive Meeting Pile Driving until Aug. 23	17	18	19 Australian Wine & Barby Field Hockey Executive Meeting	20 Yachting Dock Party	21
22 Yachting Sun Tan Race	23	24	25	26	27	28
29 LTR Regatta	30	31				

2004 September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Rowing Executive Meeting	2	3	4
5	6 Labour Day - Office Closed	7	8	9	10 Yachting Boaters Night	11
12	13 VRC Board Meeting	14	15	16 Field Hockey Executive Meeting	17	18 Rowing/ Breast Cancer Row- a-thon Fundraiser
19	20 Yachting Executive Meeting	21	22	23	24	25 Field Hockey Rookie Night
26 LTR Regatta	27	28	29	30 Port & Chocolate Night		